

TESTIMONIES...



In all my pains and distress due to my diabetes and Breast Cancer the Lord comforted me in answering my prayer. A Change in dietary lifestyle, Dr. Tam's Miracle Tea and Live Green....Thank God! I'm now free from illnesses and enjoys health with my family!

Mrs. Marianita H. Teves
Diabetes / 4th Stage Breast Ca Survivor



I'm in 50's when I've suffered from almost all kinds of arthritis...osteophyte, fibromyalgia, polypoid adenoma, severe insomnia and a lot more. With Dr. Tam's diet, Live Green and Miracle Tea, all my pains are gone, I've become healthy and gained a youthful look. It had worked miracle!

Mrs. Ezperanza "Baby" Sosa
Survivor, (Pasig City)



"Being a youth I love eating junk food of every kind that made me develop Ameloblastoma (cancer of the jaw), I had trouble sleeping because of the mass, not to mention that my doctor has given me 6 months to live due to the growth of cancer to my bones. After 6 months of undergoing Dr. Tam's diet, Miracle Tea and Live Green, I went back to my medical doctor and he thought I was a ghost! Thank God I've survived!

Mary Joy Cabuang
Cancer Survivor (Marikina City)

Frequently Asked Questions:

Q : What is Dr. Tam's Live Green and Miracle Tea?

A : Live Green - It is a mixture of Organic powdered dehydrated leaf juice concentrate from:

- Green Kamut (finest quality wheat grass)
- Alfalfa
- Barley

Miracle Tea - It is a combination of Organic Cleansing Herbs: Cinnamon Bar, Cassi Angostofolia Peppermint, Jamaican sarsaparilla, Ginger, Dandelion, Chinese Golden Thread Root, Prunis Nigra.

Q : How do I take it?

A : Live Green - Mix 1 tsp in a 1/2 glass of (not hot) chilled water, (or fresh juice) on an empty stomach

FREE HEALTH SEMINAR

SUNDAYS
2:30 pm - 5:00 pm



Miracle Tea - Defroze and shake before using. Take 1/2 cup daily for 10 days. Then reduce to 1/3 cup 2-3 time week as a maintenance

Q : When will I take it?

A : **Live Green** - Because Live Green is a pre-digested food, it is best taken on an empty stomach, 1 hour before meal or 2 hours after meal

Miracle Tea - Best taken a few minutes after meals to enhance digestion

Q : How does it work ?

A : **Live Green** - It delivers the maximum benefit of nutrients not supplied on a regular meal) to the body in less than an hour, so the body can be provided with nutrients and do its work in healing itself naturally.

Miracle Tea - It detoxifies the body thereby initiating bowel movement 5 -- 8 hours after its use.

Q : Are there any indication in taking Dr. Tam's Live Green and Miracle Tea?

A : **Live Green** - Live Green is food, so Live Green is for EVERYONE who wants to live a healthy life.

Miracle Tea - Everyone is exposed to toxins and free radicals so EVERYONE can take it, except pregnant women.

Q : What is the suggested dosage for use?

A : **Live Green**

- 6 - 12 mos. - 1 tsp diluted Live Green
- 1 - 12 years old - 2 tsp diluted Live Green
- 12 years onwards - 2 tsp of powdered Live Green in a 1/2 glass of chilled water

Miracle Tea

- 7 - 12 years old - 2 - 3 tablespoon - once a month
- 13 years onwards - 1/3 cup 2-3 times a week

FOR MORE HEALTH INFORMATION:

Free

HEALTH SEMINAR

SUNDAY 2:30 p.m. - 5:00 p.m.

OFFICE ADDRESS

LIVING FOOD PHILS., INC.

433 F. Legaspi St., Maybunga, Pasig City

Tel. Nos: 900-0547 to 49

Cell Phones: (0917) 951-8529 (0921) 5920908

We're close on Saturday

DR. TAM'S HEALTH PRODUCTS (House of Cleansing)

TIENDESITAS

Delicacies Village J. Vargas cor. C-5

Cel No.: 0921-592-0908 / 0917-846-0546 * 633-9877

FOR CONSULTATION

MON-THURS.

2:30 pm - 4:00 pm



Dr. Tam's Miracle Tea & Live Green



Where healing comes
naturally!



"I'm not perfect, neither do I possess a supernatural ability to allure people to try Naturopathy. I have an honest desire, however, to let them know we can live without any disease."

-Dr. Tam Mateo

Dr. Tam Mateo, the 1st Filipino Naturopathic Doctor and Cancer Nutrition Specialist, has been a Health Crusader and full-time Medical Missionary for more than a decade. Giving lectures and educating people through Health Seminars and Radio Programs, likewise, with deep concern for people health's welfare, his wife being a breast CA survivor, has come up with formulation of **Dr. Tam's Live Green** and **Miracle Tea**, for everyone to regain and continue with his God-given health. By recognizing the inherent abilities of the body with proper detoxification and change of lifestyle----
"Where healing comes" naturally...

DR. TAM'S LIVE GREEN

A healthy Vital Super Green Formula for easy access to Essential Nutrients, Enzymes, Chlorophyll, Hormone Pre-cursor and powerful Anti-oxidants.

LIVE GREEN ORGANIC COMBINATION KAMUT

- An ancient Egyptian wheat grass

Historical Background:

1949--36 seeds were purchased by U.S. airman in Portugal from an Egyptian merchant claiming these came from the pyramids of Egypt. Soon they were sent in Montana and miraculously grew a super variety of wheat plant and later became known as "KAMUT."

1990-U.S. Department of Agriculture recognized the grain as KQ77 and was patented to "KAMUT" International Limited."

Today, KAMUT plant is regarded as more superior in terms of its vitamins, minerals and high protein content. Moreover, research showed that its young leaves are loaded with phyto-chemicals, carotenoids and other essential nutrients known to protect against cancer and vascular diseases. It also improves digestion and increase physical stamina.

ALFALFA

- Known as the "Father of All Foods" also the "King of Sprouts." Its roots grown 30 to 120 ft. underground. Rich in calcium, magnesium, phosphorus, potassium, silicon, Vitamin A, B, C, E and K, Amino Acids and chlorophyll. Alfalfa also contains natural cortisone known to relieve allergies and inflammatory conditions.



BARLEY

- One of the nature's richest sources of chlorophyll, usable enzymes and nutrients. It contains at least 16 vitamins in its precursor from around 23 trace minerals, phytochemicals and active carotenoid pigments are also present.

ESSENTIAL ELEMENTS FOUND IN LIVE GREEN FOOD

CHLOROPHYLL

- a superior antioxidant
- a healing and cleansing agent
- a cell stimulator and rejuvenator
- has oxygenating properties to tissues and blood
- has anti-mutagenic property

ENZYME

- the catalyst for all body functions
- rich in digestion and metabolic enzymes
- helps in absorption and utilization of Vitamins and minerals

VITAMINS

one of the richest sources of Vitamins A, B, C and E because it contains precursor materials in forms like phytochemicals, bioflavonoids and beta-carotene

MINERALS

Contains high amount of calcium, phosphorus, magnesium, sodium, potassium, iron, sulfur, zinc and many more

AMINO ACIDS

Contains at least 18 amino acids including the eight essential amino acids our body cannot make

*Dr. Tam's LIVE GREEN
is food for EVERYONE.*

DR. TAM'S MIRACLE TEA

A combination of organic herbs for cleansing and detoxification of colon and the remaining eliminatory organs. Unlike ordinary laxative, **Dr. Tam's Miracle Tea** is not a chemical irritant, non-habit forming and has no side effect because of its organic substance.

HOW DR. TAM'S MIRACLE TEA WORKS

A daily cleansing tea that aids in the completion of digestive process.

People especially those who are elderly and suffering from diseases, experience bloating and indigestion because of their weak digestive system. Miracle Tea works with assurance in completing this process.

Aging Prevention

As the saying goes, "old age begins in the colon." **Dr. Tam's Miracle Tea** works by cleaning the colon and then prevents the future ravages of aging.

Aids in Relieving Constipation

Constipation is the "Mother" of disease. Often, our diet is poor because of lack of fiber and essential nutrients that result in poor elimination and constipation. **Dr. Tam's Miracle Tea** works by eliminating fecal deposits in the colon that have been stored for years and decades.

Detoxify All of the Eliminatory Organs

Wastes from the air we breathe, the water we drink, and the food we eat are gathered through the bloodstream and are carried to various eliminatory organs such as liver, gallbladder, kidney and colon. This is an on-going process and in this way, body wastes and food residue should be expelled in less than 24 hours, otherwise, putrefaction will take place and the accumulated wastes and toxins in the body will invite illness and interfere with our body functions. This places an extra burden on these organs, overworking them to the point of wearing out. As a result disease starts and continue to incubate leading to degenerative diseases like **Arthritis, Diabetes, Heart Problems, Cancer and other related diseases.** **Dr. Tam's Miracle Tea** works by releasing amount of toxins from **colon**, including **liver, gallbladder and kidneys.** It is also an anti-mutagenic property that stops the incubation of diseases.

